

## *Menu "Mare"*

### *Entrée*

Smoked fish spread, raw and pickled veggie

✱ allergens: 1 - 3 - 4 - 6 - 9 - 10

### *The pastas*

Fregua, seafood, lemon

✱ allergens: 1 - 2 - 4 - 14

### *Main course*

Catch of the day, pan sauté courgettes,  
vermentino sauce

✱ allergens: 1 - 3 - 7

### *Dessert*

Pardula mousse, caramel, saffron sauce,  
almond gatteau crumble

✱ allergens: 1 - 5 - 7 - 8

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45€ *excluding wines*

## *Menu "Terra"*

### *Entrée*

"Frattau" bread, soft egg, tomato, pecorino

✱ allergens: 1 - 3 - 7

### *The pastas*

Goat ragù malloreddus

✱ allergens: 7 - 12

### *Main course*

Slow braised beef, whipped potato,  
red wine sauce

✱ allergens: 7 - 12

### *Dessert*

Pardula mousse, caramel, saffron sauce,  
almond gatteau crumble

✱ allergens: 1 - 5 - 7 - 8

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40€ *excluding wines*

*Depending on seasonality and availability of raw materials,  
the menu may be subject to change.*

*The fish intended for raw consumption has been subjected to blast chilling.*

*Allergens*

- 1) Gluten - 2) Crustaceans - 3) Eggs - 4) Fish - 5) Peanuts  
6) Soya - 7) Milk - 8) Nuts - 9) Celery - 10) Mustard  
11) Sesame seeds - 12) Sulphur dioxide - 13) Lupins - 14) Molluscs



*Menu*



DOMU  
ARGIOLAS